

A woman with dark hair, wearing a bright orange short-sleeved top, is smiling warmly. She is standing in what appears to be a hospital or clinic setting, with blurred chairs and a blue wall in the background. The right side of the image is overlaid with a dark blue semi-circle containing white text.

COVID CHOICES The Patient's Perspective

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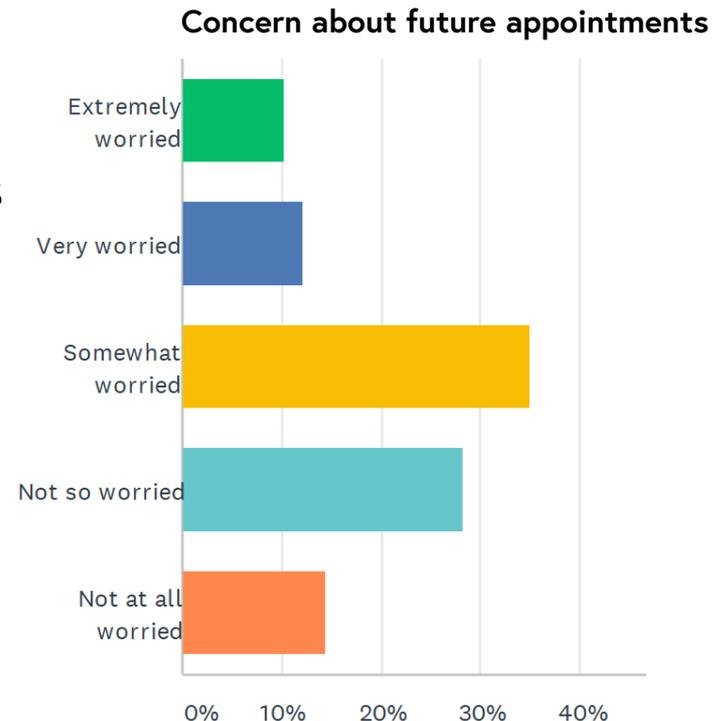
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KEY THEMES FOR DISCUSSION

- Impact on long-term health management
- Impact on mental health
- Impact on accessing additional support and services

IMPACT ON LONG-TERM HEALTH MANAGEMENT

- Many people delaying seeking help/treatment due to COVID-19 concerns
- Concerns about future appointments
- Lack of good/complete information is compounding this
- Disparity between the concerns & the actual experience



DEVELOPMENT OF GOOD QUALITY, COMPLETE INFORMATION AROUND ACCESSING HEALTHCARE IS NEEDED, WITH PATIENT INVOLVEMENT IN THE PROCESS BEING KEY

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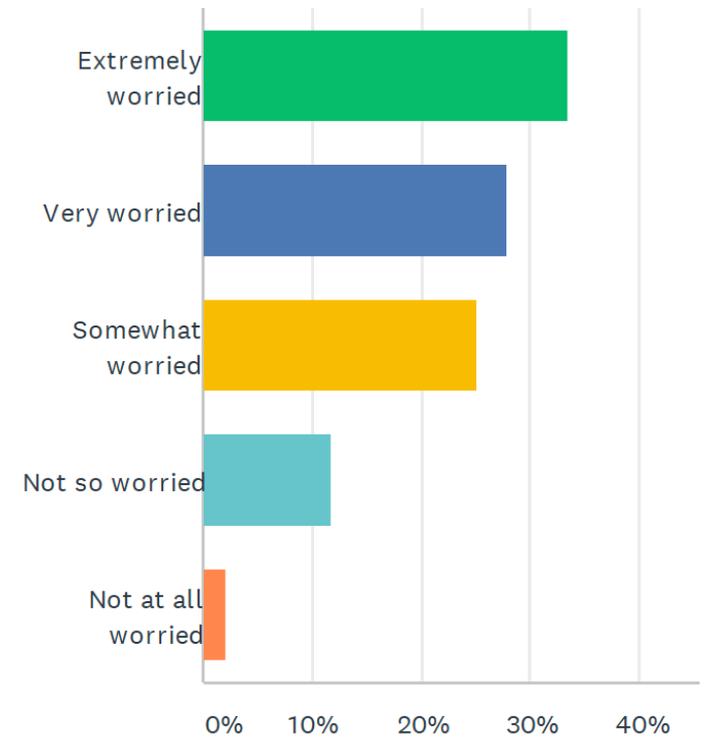
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IMPACT ON MENTAL HEALTH

- Psychology of being labelled vulnerable
- How safe is it to emerge from lockdown?
- Personal and local risk factors could ease the anxieties

Concern about becoming seriously ill or dying from COVID-19



NEED FOR ACCESSIBLE MENTAL HEALTH SUPPORT IN A NON-JUDGEMENTAL ENVIRONMENT

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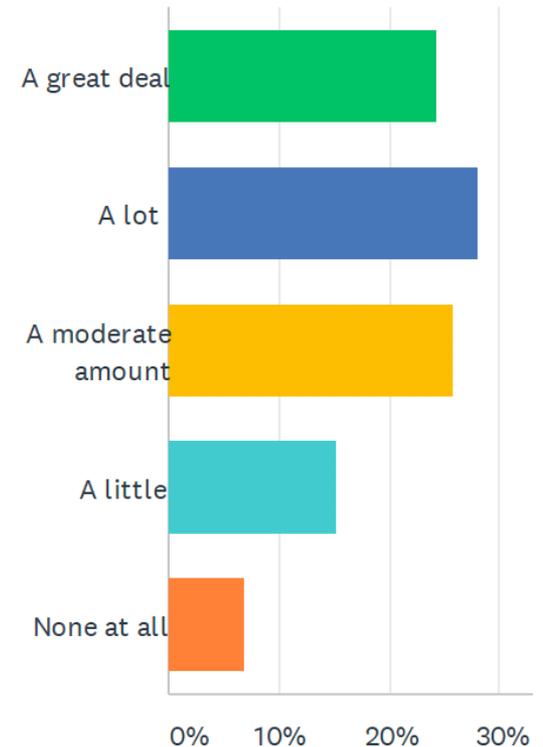
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IMPACT ON ACCESS TO SUPPORT & SERVICES

- **Conflicting and unclear information**
- **How to manage access to support & services post-lockdown**
- **Need for greater empathy & understanding**

Conflicting information



NEED TO ENSURE INFORMATION IS CLEAR SO THAT SUPPORT IS ACCESSIBLE

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CO-CREATION IS KEY!

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